

Matchmaker | Dating Coach | Relationship Strategist |
Author | Speaker

Dr. Aesha is quickly emerging as the *go-to* matchmaker, dating coach and relationship strategist for African American women and women of faith. She equips, empowers and inspires her listeners and clients with strategies to help them find and keep love in the ever-changing modern dating world.



How does a college professor become a professional matchmaker and dating coach?

After years of making painful dating mistakes, including a broken engagement to an emotionally & verbally abusive man she dated while in college, Dr. Aesha overcame low self-esteem and discovered secrets to how men think & what makes relationships last. She met and married her dream man after 11 short months of dating and has been happily married since 2006.

Dr. Aesha quickly noticed that the matchmaking & dating coaching industry didn't speak to the special needs and unique experiences of African American professional women or women of faith.

Drawing on her expertise researching African American women's voices, Dr. Aesha gives unique strategies for women of color in their search for love and marriage.

Author of the book, *Can I Help A Sister Out: How To Meet & Marry The Man of Your Dreams* and founder of AeshaOnline.com, a community with free resources on dating, marriage, and relationships, Dr. Aesha has become known for her uncommon wisdom, inspiration and tell-it-like-it is relationship advice.

Dr. Aesha holds a PhD in Rhetoric and Composition from The Pennsylvania State University (University Park, PA), a Master's in English from The Pennsylvania State University (University Park, PA), and a Bachelor's Degree in English and Secondary Education from Marquette University (Milwaukee, WI). Dr. Aesha is currently studying with the Matchmaking Institute to obtain certification as a matchmaker. She lives in Ventura, California with her husband and two children.

**Get Dr. Aesha's FREE newsletter at
<http://www.AeshaOnline.com>**

Speaking Topics

Red Flags And Rose Colored Glasses: How To Overcome Dating Violence

Dating violence among women ages 16-24 is increasing. Most campaigns to prevent dating abuse in teens and college students are focused on physical violence. As a result, victims of emotional and verbal abuse can fall through the cracks because they don't know the signs of an unhealthy relationship, they're embarrassed so do they don't seek out help, or they simply don't have enough life experience to know the difference between a healthy and an unhealthy relationship.

As a result, young women are left without support as they try to figure out sex, love, commitment and relationships on their own.

In this inspiring and powerful presentation, Dr. Aesha shares her story of being engaged to an emotional and verbally abusive man while in college. She shows how ignoring the red flags and looking at her relationship through rose-colored glasses led to academic trouble, stress, depression and anxiety. She also shares how she overcame this through the support of family and friends, and how she found freedom and healing.

Attendees will learn to recognize the signs of dating violence, how to define a healthy relationship, how to help a friend who is in an abusive relationship, and what the campus community can do to end dating violence.

Date Like A Boss: How African American Women Can Find Love In The 21st Century

A recent study showed that African American women are the least likely to get contacted by men of "any" race on online dating sites. This means African American women must reach out and start a conversation with a man they're interested in if they want to find love in the 21st Century.

However, most advice given by dating gurus say women should NOT make the first move, or they'll risk coming across as too needy or too aggressive.

Dr. Aesha says that smart, successful women must date like a CEO who is charge of hiring, firing & promotions in the love department!

During this dynamic and highly engaging presentation, Dr. Aesha shares secrets to how she met and married the man of her dreams in just 11 short months using communication traditions unique to African American women. She equips the audience with communication tips, insights into how men fall in love, and little-known relationship-insights that will help professional women of color take control of their love lives!

It's time to rewrite the old dating rules! The new rules are more fun anyway.

God, Where Is My Boaz?

This talk is for the women who are saved, sanctified and *frustrated* with being single. In this humorous, inspiring and highly engaging presentation, Dr. Aesha goes beyond the "wait on the Lord to bring you a spouse" message many single women in the church have heard their entire lives, and instead equips them with practical strategies to prepare for and find a godly spouse!

Dr. Aesha will share strategies and secrets from the book of Ruth, the same secrets she used to meet and marry her husband in just 11 short months.

Attendees will learn Dr. Aesha's "4 D's of Dating Success" that will help women of faith make better decisions in relationships, understand God's plan for dating and marriage, and choose the right person so that their marriage will last.

No more ladies in waiting. God designed marriage and He's pleased when we do it right. It's time to get God's best!